



CSUupdate

Cornea Society University August, 2017

Latest cornea news from the Cornea Society

Introduction

Welcome to the eleventh issue of CSU (CORNEA SOCIETY UNIVERSITY). This month's CSU VideoEd will focus on Ocular Surface Tumors. We will also feature an article on "Getting Involved in Ophthalmic Societies."

Getting Involved in Ophthalmic Societies

Most of us enter the field of medicine with the desire to give back. We rotate through various subspecialties in medical school trying to find the right fit. (Read more)



Ocular Surface Tumors

Ocular surface tumors encompass a wide range of pathology. In this video, you will hear Kathryn Colby, MD, discuss "Controversies in the Management of Ocular Surface Tumors." (Read more)

Save the Date: CSU Dinner, Friday, November 10, New Orleans

We are excited to announce a new dinner meeting developed by the Cornea Society Young Physician Task Force and sponsored by CSU (Cornea Society University). (Read more)

CSU Launches Four-Part Webinar Series on Surgical Procedures

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CSU Booth at AAO

Be sure to visit the CSU booth at the 2017 American Academy of Ophthalmology (AAO) annual meeting in November in New Orleans. (Read more)

Full stories below

Getting Involved in Ophthalmic Societies

Most of us enter the field of medicine with the desire to give back. We rotate through various subspecialties in medical school trying to find the right fit. I distinctly remember the day I found ophthalmology and realized this was going to be my profession, the field where I could make the most impact. I was rotating on the inpatient floor when I met a woman with cancer. The cancer had



metastasized throughout her body, but only recently had affected her vision. She expressed to me that losing her vision was the hardest complication she had had to deal with thus far. In that moment, I realized just how precious the gift of sight is. It is a true privilege to help patients regain and retain vision.

In our everyday practices, we have the opportunity to restore sight both medically in the office and surgically in the operating room. In the field of ophthalmology, though, there are also many other ways to give back. You can volunteer locally or abroad, teach the next generation of ophthalmologists, or get involved with ophthalmic societies. There are a lot of reasons to get involved with ophthalmic societies and a lot of societies to choose from, each with a different focus and mission.

I interviewed three ophthalmologists who have been actively involved in multiple ophthalmic societies. **Marian Macsai, MD**, is a professor at NorthShore University and the current president of the Cornea Society. **Christopher Rapuano, MD**, is a professor at Wills Eye Hospital and a past president of the Cornea Society. **Michelle Rhee, MD**, is an assistant professor at Mount Sinai and the president-elect of the Contact Lens Association of Ophthalmologists.

I asked each of them why they think young graduates should get involved in ophthalmic societies.

Dr. Macsai: There are many reasons to get involved with different ophthalmic societies. You may want to get involved to help educate other ophthalmologists, or you may be passionate about advocacy or policy. Being part of a society can help you reach a larger audience and further your cause by working as a team.

Dr. Rapuano: I first started getting involved with ophthalmic societies because I wanted to give back to the field of ophthalmology. There are many who have gone before us who volunteered their time outside of their clinical practice to shape these wonderful societies that have advanced our field. It is also a great way to branch out and meet people outside of our own institutions. You build a community of peers with similar interests.

Dr. Rhee: Getting involved with ophthalmic societies is a great way to meet people. I've met many of my best ophthalmology friends through different society activities. It is nice to meet other ophthalmologists in similar points of their career who you can turn to for advice, support, and collaboration.

These are some of the many reasons why we should all get involved in ophthalmic societies. I next asked them about logistics. How can one get involved? What avenues exist to help someone navigate the process?

Dr. Macsai: The first thing you need to do is join a society that you feel passionate about. Then you need to show up. If you are active in a society and show interest, opportunities will follow. When those opportunities arise, you need to do a good job. If you do a good job, more opportunities will follow.

Dr. Rapuano: Another way to get involved in a society is to find a mentor in that society who can help you navigate the system. Your mentor can introduce you to the society's leaders and discuss different ways to get involved. There are ample opportunities for active participation, and your mentor can recommend you for activities that need volunteers once they know you are interested.

Dr. Rhee: Another avenue is to go directly to the source. If you are interested in a specific society, reach out to the society directly and express your interest. Ask how you can help or

get more involved. Most societies are run by volunteers and will welcome the offer.

Getting involved in ophthalmic societies is a great way to give back to our field. You will find that the reward goes both ways. I have gained so much from being a part of different ophthalmic societies and have found that my involvement and service have been some of the most rewarding aspects of my career.

CSU is meant to be an interactive platform where your questions and concerns are addressed. If you have a specific area or question you want us to concentrate on in future issues, please send an email to jessciralsky@gmail.com with the subject: CSU. Additionally, CSU is designed for all young cornea and anterior segment ophthalmologists, so if friends or colleagues want to be added to the listserv, please send an email to info@corneasociety.org

Ocular Surface Tumors

Ocular surface tumors encompass a wide range of pathology. In this [video](#), you will hear **Kathryn Colby, MD**, discuss "Controversies in the Management of Ocular Surface Tumors." Dr. Colby will review benign lesions such as conjunctival nevi and benign acquired melanosis as well as malignant lesions that include conjunctival melanoma and ocular surface squamous neoplasia. She will offer pearls on how to accurately diagnosis, thoroughly examine, and properly manage.

Save the Date: CSU Dinner, Friday, November 10, New Orleans

We are excited to announce a new dinner meeting developed by the Cornea Society Young Physician Task Force and sponsored by CSU (Cornea Society University). This educational program will be geared toward young physicians. The next dinner will focus on incorporating new technology into your practice and will be held on **Friday, November 10, in New Orleans from 5:30–7:30 p.m.**, immediately following the Cornea and Eye Banking Forum.

This new dinner series will provide young physicians with an opportunity to interact and network with colleagues, as well as learn more about professional development and practice building. Watch your inbox for the invitation. We hope to see you there!

CSU Launches Four-Part Webinar Series on Surgical Procedures

CSU is launching a four-part webinar series on surgical procedures in October. The four-part series will feature webinars on DMEK, DSEK, DALK/PK and Challenging Cases for the Corneal Surgeon. Programming dates are listed below:

October 26: DMEK, with host W. Barry Lee, MD, and speaker Peter Veldman, MD

December 13: DSEK, with host Jessica Ciralsky, MD, and speaker TBA

January 24: DALK/PK, with host Bennie Jeng, MD, and speaker Tony Aldave, MD

March 21: Challenging Cases for the Corneal Surgeon, with host Jessica Ciralsky, MD, and speakers Bennie Jeng, MD, and Barry Lee, MD

Watch your inbox! Registration information will be sent in September.

CSU Booth at AAO

Be sure to visit the CSU booth at the 2017 American Academy of Ophthalmology (AAO) annual meeting in November in New Orleans. Stop by and recharge, grab a snack, and learn more about all that CSU offers you. We look forward to seeing you in New Orleans.

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